



# Orchard Pediatrics, P.C.

Newborn through Adolescent Care

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## VACCINE UPDATES FOR CHILDREN AND TEENS AGES 6-18

### AGES 6+ years

**Varivax** (Chicken Pox – 2<sup>nd</sup> dose) is required unless your child has already had chicken pox disease.

**Hepatitis A** vaccine prevents a liver infection acquired from eating contaminated food. It is currently on the routine vaccination schedule for 1-2 year olds, but was not routinely given when your child was that age. It is especially important if you will be traveling.

**Influenza** vaccine is given every year to prevent “the flu”, a respiratory illness that causes a high fever, congestion and cough. It is given in autumn, and is recommended for individuals who have or live with people with underlying health problems. It is also recommended for all children under the age of 5 and their household members. It is available as an injection or as a nasal mist.

### AGES 11+ years

**Menactra** (Meningococcal meningitis) is required.

**Tdap** (Tetanus/Diphtheria/Pertussis booster) is required.

**Varivax** (Chicken Pox – 2<sup>nd</sup> dose) is required unless there is a history of the chicken pox disease.

**Hepatitis A** vaccine is given to prevent a liver infection acquired from eating contaminated food. It is currently on the routine vaccination schedule for 1-2 year olds, but was not routinely given when your child was that age. It is especially important if you will be traveling.

**Gardasil** is recommended for girls in this age group. This three part vaccine series helps prevent cervical cancer by preventing infection with HPV (Human Papillomavirus).

**Influenza** vaccine is given every year to prevent “the flu”, a respiratory illness that causes a high fever, congestion and cough. It is given in autumn, and is recommended for individuals who have or live with people with underlying health problems. It is also recommended for all children under the age of 5 and their household members. It is available as an injection or as a nasal mist.

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**It is the policy of Orchard Pediatrics that standard immunizations, as recommended by the American Academy of Pediatrics and the Center for Disease Control, are necessary for the health of your child. We are dedicated to preventative health of the children in our practice.**